

the Best Care for Mom Et Dad

It's Outdoor & Swing Time!

We have been so blessed with a few warmer weather days this past month! We were able to enjoy a swing ride, wine and cheese and watching the Solar Eclipse. Thank you Mother Nature.



Making The Difference

♥ VICTORIA COLEMAN

HOMETOWN

Broken Bow, Nebraska

JOB OVERVIEW

I have worked at SMC-Long Term Care as a CNA for about a year.

BEST PART OF MY JOB

Getting to see the residents and making a difference in their lives.

SOMETHING I'D LIKE TO ACCOMPLISH

I would like to go back to college and get my nursing degree.

OUTSIDE INTERESTS

I enjoy being outside and spending time with my son. I currently play on a sand volleyball team.

FAVORITE MOVIE

Cars—My son loves to watch it with me.

SOMETHING NOT EVERYONE MAY KNOW

I have never stayed in one house for more than four years.



May is Mental Health Awareness Month

Reach out to your older friends and loved ones. Let them know that you



SEE them



HEAR them



SUPPORT them

We encourage everyone to nurture connections with loved ones, explore a new hobby, or volunteer for something you care about. Staying engaged is great for mental well-being.



Saunders
MEDICAL CENTER
Skilled & Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>May 2024</p>	<p>1</p> <p>9:15 Morning Movers with Deanne 10:15 Crazy Crafters 11:45 Daily Perk 1:00 Live Well Go Fish Outing 6:45 10-Point Pitch</p>	<p>2</p> <p>9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 2:00 Crazy Crafters</p>	<p>3</p> <p>9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Kentucky Derby Celebration</p>	<p>4</p> <p>Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>		
<p>5</p> <p>9:00 Catholic Mass with Deanne 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:30 "What's Poppin" 2:00 Card Sharks</p>	<p>6</p> <p>9:15 Morning Movers with Deanne 10:15 Tabletop Games 11:45 Daily Perk 1:30 Resident Council 6:45 10-Point Pitch</p>	<p>7</p> <p>9:15 Morning Movers with Deanne 11:45 Daily Perk 12:15 Food Committee Meeting 2:30 *Special* Bingo</p>	<p>8</p> <p>9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 1:30 Pretty Nails</p>	<p>9</p> <p>9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 2:00 Ladies Event: Muffins and Mimosas</p>		
<p>10</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>11</p> <p>Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>	<p>12</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>13</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>14</p> <p>Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>		
<p>15</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>16</p> <p>Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>	<p>17</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>18</p> <p>Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>	<p>19</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>		
<p>20</p> <p>9:00 Catholic Mass 9:30 Morning Movers with Deanne 11:45 Daily Perk 1:00 Scatter Joy Acres Animal Visits 2:00 Card Sharks</p>	<p>21</p> <p>9:15 Morning Movers with Deanne 10:00 Merry Makers Presents: Bill Chrastil 11:45 Daily Perk 2:30 Bingo</p>	<p>22</p> <p>9:15 Morning Movers with Deanne 10:15 Board Games 11:45 Daily Perk 6:45 10-Point Pitch</p>	<p>23</p> <p>9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 1:00 Outing to Willow Point Gallery/ Museum (X4 spots)</p>	<p>24</p> <p>9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails</p>		
<p>25</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>26</p> <p>Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk</p>	<p>27</p> <p>11:45 Daily Perk 2:00 Card Sharks</p>	<p>28</p> <p>9:15 Morning Movers with Deanne 10:30 Men's Club 11:45 Daily Perk 2:30 Birthday Bingo</p>	<p>29</p> <p>9:15 Morning Movers with Deanne 10:15 Scrabble 11:45 Daily Perk 2:00 Crazy Crafters 6:45 10-Point Pitch</p>		
<p>30</p> <p>9:15 Morning Movers with Deanne 10:15 Trivia 11:45 Daily Perk 1:00 Outing to Willow Point Gallery/ Museum (X4 spots)</p>	<p>31</p> <p>9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Pretty Nails</p>	<p>32</p> <p>9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Kentucky Derby Celebration</p>	<p>33</p> <p>9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Kentucky Derby Celebration</p>	<p>34</p> <p>Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>		

Celebrating National Skilled Nursing Care Week!!!
May 12 - 18th, 2024
 Please refer to separate calendar for schedule of events.



Saunders
MEDICAL CENTER
Skilled & Long Term Care



I ♥ MY HOME
nursing

Covid-19 Note—
 Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.