

# the Best Care for Mom Et Dad



## Summer Jam



We were so incredibly happy to host our first family event in years at SMC Skilled and Long Term Care in June!

Our Summer Jam party was filled with food, fun & family. Music was performed by one of our favorites, Billy Troy. It was so good to be able to gather again! Thanks for enjoying the evening with us, we are looking forward to our next family party.

### PRACTICING SAFETY

Fire drills are held each month at Saunders Medical Center. We practice these steps so everyone knows what to do in case of a real fire:

**RESCUE**- remove everyone from the room or area of the fire.

**ALARM**- pull the nearest fire alarm.

**CONFINE**- close all doors to contain the

fire and minimize the spread of smoke.

**EXTINGUISH**- If the fire is small and it is safe to do so, a fire extinguisher can be used to put out the fire. OR if the fire is large, close the door and

**EVACUATE**- safely move everyone outside or to another part of the building.

*Be Well.*



**Saunders**  
MEDICAL CENTER  
*Skilled & Long Term Care*



## Making The Difference

♥ DENISE KORANDA

**HOMETOWN**  
Wahoo, NE

### JOB OVERVIEW

I work in the Housekeeping Dept. The best part of my job is getting to know my co-workers and other staff. There are a lot of friendly staff and jokesters!

**I SEE THE RESIDENTS SMILE** when the animals come to visit. Also, when we visit as I clean their room.

### FAMILY

I have 3 daughters and 4 grandsons. My family all live in the Saunders County area.

### SOMETHING I'D LIKE TO ACCOMPLISH

I would like to live in a cabin in Montana!

### OUTSIDE INTERESTS

Spending time with family and friends, gardening, outdoor activities, and going to my grandkids' sports activities.



Sunday

Monday

Tuesday

Wednesday












Thursday

Friday

Saturday

# JULY 2023



<p>Daily Perk Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>	<p>2 9:00 Catholic Mass 11:45 Daily Perk 1:30 Fireworks &amp; Floats</p> 	<p>3 9:00 Catholic Mass 11:45 Daily Perk 1:30 Pina Colodas on the Patio</p> 	<p>4 11:45 Daily Perk</p> 	<p>5 9:15 Morning Movers with Deanne 10:00 Walking Wednesdays (10:30a-11:15a) 11:45 Daily Perk 2:00 Merry-makers presents: The Links!</p>	<p>6 9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 10:45 Trivia 11:45 Daily Perk 2:00 Crazy Crafters</p> 	<p>7 9:15 Morning Movers with Deanne 10:00 Busy Bakers 11:45 Daily Perk 12:30 Food Committee 1:30 Pretty Nails</p>	<p>8 Daily Perk Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>
<p>9 Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk</p>	<p>10 9:00 Catholic Mass 11:45 Daily Perk 2:00 Card Sharks 2:30 Pina Colodas on the Patio</p>	<p>11 9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 11:45 Daily Perk 2:30 Bingo 3:30 Build your own sundae</p> 	<p>12 9:15 Morning Movers with Deanne 9:30 Live Well Go Fish (9:30a-11:30a) 11:45 Daily Perk</p> 	<p>13 9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 10:45 Trivia 11:45 Daily Perk</p>	<p>14 9:15 Morning Movers with Deanne 10:00 Bagels &amp; Joe 11:45 Daily Perk 1:30 Pretty Nails</p>	<p>15 Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>	<p>16 Magazine/ Newspaper Articles 10:30 Mass on CH. 55 11:45 Daily Perk 1:30 Worship</p>
<p>17 9:00 Catholic Mass 11:45 Daily Perk 1:00 Scatter Joy Acres Animal Visits 2:00 Card Sharks</p>	<p>18 9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 11:45 Daily Perk 1:30 Resident Council 2:30 Bingo</p>	<p>19 9:15 Morning Movers with Deanne 10:30 Sunshine Club (10:30a-11:15a) 11:45 Daily Perk</p>	<p>20 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:00 DQ on the Patio (2pm-3pm)</p> 	<p>21 9:15 Morning Movers with Deanne 10:15 Busy Bakers 11:45 Daily Perk 1:30 Pretty Nails</p>	<p>22 Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>	<p>23 9:00 Catholic Mass 11:45 Daily Perk 2:00 Watermelon Crawl</p> 	<p>24 9:00 Catholic Mass 11:45 Daily Perk 2:00 Watermelon Crawl</p>
<p>25 9:00 Horse show (Outing) 9:15 Morning Movers with Deanne 11:45 Daily Perk 2:30 Bingo 3:30 Wine &amp; Cheese Please</p>	<p>26 9:15 Morning Movers with Deanne 9:30 Live Well Go Fish (9:30a-11:30a) 11:45 Daily Perk 2:00 Card Sharks</p> 	<p>27 9:15 Morning Movers with Deanne 10:45 Trivia 11:45 Daily Perk 5:00 Saunders County Parade</p> 	<p>28 9:15 Morning Movers with Deanne 10:00 Donut Debate 11:45 Daily Perk 1:30 Pretty Nails</p> 	<p>29 Magazine/ Newspaper Articles 10:00 Card Sharks 11:45 Daily Perk</p>	<p>30 9:00 Catholic Mass 11:45 Daily Perk 2:00 Card Sharks</p>	<p>31 9:00 Catholic Mass 11:45 Daily Perk 2:00 Card Sharks</p>	<p>Activities and start times are subject to change without notice. Please see the markerboard in the main entrance for updated changes.</p>



**Saunders**  
MEDICAL CENTER  
*Skilled & Long Term Care*



### Keep Your COVID Protection Up to Date

Anyone 6 months and older who has completed their COVID-19 vaccine primary series is eligible for the Bivalent Booster. The CDC recommends one bivalent booster dose at least 2 months after your last dose. If your last dose was a bivalent, you are up to date! It's not too late to start your COVID-19 vaccine series. Contact your physician to schedule an appointment.