

# the Best Care for Mom Et Dad



## Making The Difference

♥ HANNAH BECKSTEAD



### A recipe is a story that ends with a good meal!

- PAT CONROY

We enjoyed cooking Dill Gravy recently during Busy Bakers. From cutting the dill to slicing the eggs and peeling the potatoes everyone had a role. The outcome was delicious and a first for many!

### We are celebrating Pharmacy in October!

Pharmacists Brent and Alyx; and Techs Nikki and Lisa work tirelessly to ensure all patients and residents at Saunders Medical Center receive the correct medications, in the right dosages, at the right time.

Alyx is a part of the LTC Behavior Committee. They meet weekly to reviews residents' medications for their effectiveness, possible side effects, and if certain meds can be reduced.

We are so thankful for our Pharmacy Team- they are knowledgeable, available to answer questions, and help us provide the best care for our residents!



PHARMACY

#### JOB OVERVIEW

I have worked at SMC since 2018 as a CNA and Med Aide. I recently became the Long Term Care Ward Clerk and Scheduler. I fill in as an aide working with the residents, which I love.

#### BEST PART OF THE JOB

Bonding with residents and their family.

#### FAMILY

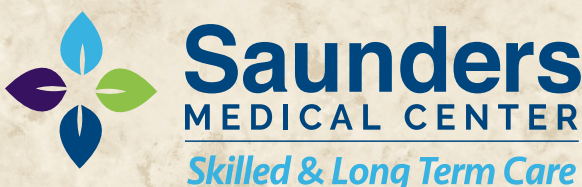
I have 3 kids—Reagan, Hadley, and Grayson. They keep me on my toes! We love being outside enjoying nature and singing in the car.

#### SOMETHING I'D LIKE TO ACCOMPLISH

I can't wait to finish nursing school, receive my RN license, and become a neonatal nurse.

#### SOMETHING NOT EVERYONE MAY KNOW

If I could live on a farm with chickens, mini cows, goats and lots of dogs, I'd be in love!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>6</b> <b>All Day</b> Magazine/ Newspaper Articles <b>10:30am</b> Mass on CH. 55 <b>11:45am</b> Daily Perk <b>1:30pm</b> Worship <b>2:00pm</b> HUSKER VOLLEYBALL: Huskers VS Iowa	<b>7</b> <b>9:00am</b> Catholic Mass <b>9:30am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>2:00pm</b> Card Sharks	<b>8</b> <b>9:15am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>2:30pm</b> Bingo	<b>9</b> <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Board Games <b>11:45am</b> Daily Perk <b>1:30pm</b> Resident Council <b>2:00pm</b> Crazy Crafters <b>6:45pm</b> 10-Point Pitch	<b>10</b> <b>9:15am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>2:00pm</b> Thirsty Thursday <b>3:00pm</b> Bible Study With Pastor Courie VOLLEYBALL: Huskers VS Illinois	<b>11</b> <b>9:15am</b> Morning Movers with Deanne <b>10:00am</b> Busy Bakers <b>11:45am</b> Daily Perk <b>1:30pm</b> Pretty Nails <b>7:30pm</b> HUSKER VOLLEYBALL: Huskers VS Purdue	<b>12</b> <b>All Day</b> Magazine/ Newspaper Articles <b>10:00am</b> Card Sharks <b>11:45am</b> Daily Perk <b>7:00pm</b> HUSKER VOLLEYBALL: Huskers VS Rutgers
<b>13</b> <b>All Day</b> Magazine/ Newspaper Articles <b>10:30am</b> Mass on CH. 55 <b>11:45am</b> Daily Perk	<b>14</b> <b>9:00am</b> Catholic Mass <b>9:30am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>1:30pm</b> Worship With Pastor Hayden <b>2:00pm</b> Card Sharks	<b>15</b> <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Trivia <b>11:45am</b> Daily Perk <b>2:30pm</b> Bingo	<b>16</b> <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Scrabble <b>11:45am</b> Daily Perk <b>2:30pm</b> Merry Makers Presents: Mike McCracken <b>6:45pm</b> 10-Point Pitch 	<b>17</b> <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> UNO <b>11:45am</b> Daily Perk <b>3:00pm</b> Bible Study With Pastor Courie	<b>18</b> <b>9:15am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>1:30pm</b> Pretty Nails <b>5:00pm</b> HUSKER VOLLEYBALL: Huskers @ Michigan St.	<b>19</b> <b>All Day</b> Magazine/ Newspaper Articles <b>Morning</b> HUSKER FOOTBALL: Huskers @ Indiana TBA <b>10:00am</b> Card Sharks <b>11:45am</b> Daily Perk <b>2:30pm</b> HUSKER VOLLEYBALL: Huskers VS Ohio St.
<b>20</b> <b>All Day</b> Magazine/ Newspaper Articles <b>10:30am</b> Mass on CH. 55 <b>11:45am</b> Daily Perk <b>1:30pm</b> Worship	<b>21</b> <b>9:00am</b> Catholic Mass <b>9:30am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>2:00pm</b> Card Sharks	<b>22</b> <b>9:15am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>2:30pm</b> Bingo	<b>23</b> <b>9:15am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>2:00pm</b> Crafts with Dylan <b>6:45pm</b> 10-Point Pitch	<b>24</b> <b>9:15am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>2:00pm</b> Pumpkin Bowling <b>3:00pm</b> Bible Study With Pastor Courie	<b>25</b> <b>9:15am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>1:30pm</b> Pretty Nails <b>7:00pm</b> HUSKER VOLLEYBALL: Huskers VS Illinois	<b>26</b> <b>All Day</b> HUSKER FOOTBALL: Huskers @ Ohio State TBA <b>All Day</b> Magazine/ Newspaper Articles <b>10:00am</b> Card Sharks <b>11:45am</b> Daily Perk <b>7:00pm</b> HUSKER VOLLEYBALL: Huskers VS Michigan
<b>27</b> <b>All Day</b> Magazine/ Newspaper Articles <b>10:30am</b> Mass on CH. 55 <b>11:45am</b> Daily Perk <b>1:30pm</b> Worship	<b>28</b> <b>9:00am</b> Catholic Mass <b>9:30am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>2:00pm</b> Card Sharks	<b>29</b> <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Trivia <b>11:45am</b> Daily Perk <b>2:30pm</b> Birthday Bingo	<b>30</b> <b>9:15am</b> Morning Movers with Deanne <b>10:15am</b> Scrabble <b>11:45am</b> Daily Perk <b>1:30pm</b> Movie Matinee: Halloween Movie TBD <b>6:45pm</b> 10-Point Pitch	<b>31</b> <b>9:00am</b> Trick or Treaters <b>9:15am</b> Morning Movers with Deanne <b>11:45am</b> Daily Perk <b>2:00pm</b> Thirsty Thursday <b>3:00pm</b> Bible Study With Pastor Courie	 <p><b>Happy Birthday</b>  <b>Jo Ann N. - 1st</b>  <b>Marian C. - 7th</b>  <b>Kathy H. - 16th</b>  <b>Joyce M. - 22nd</b>  <b>Shirley C. - 29th</b></p>	
<p><b>Activities and start times are subject to change without notice. Please see the markerboard in the front entrance for updated changes.</b></p>						

**Covid-19 Note—**  
Covid-19 continues to spread throughout the community. Please consider and discuss the new Covid vaccine with your physician. Please protect our residents by not visiting if you have ANY symptoms of Covid or have tested positive for Covid recently.