



Local Surgery Instructions

Procedure _____

Date of Surgery _____

Check in at the ER entrance. A surgery nurse will be calling you with your surgery time 5-7 days prior to your procedure.

Please call 402-443-1446 if you are feeling ill or experiencing a fever, chills or need to cancel for any reason.

Please be aware we have you arrive early for your procedure to give us ample amount of time to get you ready. Your procedure start time may vary depending on unforeseen circumstances. Your time is very important to us and we try our hardest to have your procedure start on time. We thank you for your patience.

To prepare for surgery:

You may need to stop your blood thinning medications and non-steroidal anti-inflammatory agents such as Aspirin, Aleve, Ibuprofen, Coumadin, Plavix, Eliquis, Meloxicam, Mobic and fish oil. If you are on these types of medications, you need to discuss when to stop these with your pre-op nurse.

_____ **Stop Date:** _____

_____ **Stop Date:** _____

_____ **Stop Date:** _____

_____ **Stop Date:** _____

Stop all supplements and vitamins 5 days prior. You will need to stop **Date:** _____

If you are having a surgery that will be performed on your arm, leg, or foot you will need to remove your nail polish or acrylic nails.

You may need to pick up dial soap and follow our dial soap instructions given by your pre-op nurse. Please see attached sheet for instructions.



The morning of surgery:

- Bathe or shower to reduce the chance of infection.
- May eat a light breakfast.
- You may take all your routine medications, unless otherwise specified by your pre-op nurse
- Wear something loose fitting and comfortable.
- Remove ALL jewelry and leave all valuables at home.

Patient Signature: _____ **Date** _____

Witness: _____ **Date** _____